Silver Hearts Senior Programs

Programs for Senior Citizens · https://ttlm.org/resource/silver-hearts-senior-programs/

Silver Hearts Senior Programs provides activities and resources designed to promote physical, emotional, and social well-being for adults 55+. Programs include fitness classes, educational workshops, and social events through the Angleton Parks and Recreation Department.

Programs are tailored to meet the needs of older adults in the community.

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Search for 'Silver Hearts' at:

https://www.angleton.tx.us