

# 1. MEET SOMEONE NEW

It could be an actual neighbor you see all the time but never talk to, or maybe someone you're always seeing at the coffee shop but don't know. Introduce yoursef, and get to know your neighbor!

### 2. DONATE TO A LOCAL CHARITY

Our local nonprofits are doing amazing work to address our neighbors' needs. Consider making a donation to a cause that's close to your heart, and sharing in the impact through your generosity.

#### 3. VOLUNTEER WITH A LOCAL CHARITY

While nonprofits need donations, they also need volunteers. Call a local charity, tell them about your skills, and ask how you can help them accomplish their mission. Or just ask what they need done, and jump in to help!

## 4. HELP SOMEONE ANONYMOUSLY

Nothing feels better than helping someone and not telling them it was you. Then, celebrate their blessing with them! It's extra special if you anonymously help someone you don't even know!

# 5. CELEBRATE SOMEONE'S ACCOMPLISHMENTS

Everyone wants to be celebrated, but most people won't ask for it. So, find someone you know, and celebrate their accomplishments. Parties are great, but sometimes, words are enough.

# 6. PERFORM A RANDOM ACT OF KINDNESS

It could be an act of service or maybe a gift for no reason at all.

# 7. GIVE SOMEONE THE GOOD NEIGHBOR AWARD

People are doing good for others all around us, and we should acknowledge them. When you see someone being a good neighbor, recognize them on social media and name them a "Good Neighbor."

#### **8. ENCOURAGE SOMEONE**

Our neighbors are in crisis and hurting. When you see someone looking sad or defeated, take the opportunity to stop and encourage them.

#### 9. TAKE SOMEONE TO LUNCH OR COFFEE

Sharing a meal or a cup of coffee with someone can be a very healing experience. Use this to restore a relationship, encourage someone, or just get to know your neighbor on a deeper level.

# 10. WRITE A LETTER ON PAPER

A handwritten letter communicates significant care and concern for someone because of the effort it requires over sending an email or text. Take the time to write someone a letter and tell them how much you love and/or appreciate them.

### BONUS: SHOP LOCAL

It's easy for us to forget there are real people behind our local small businessess. And they have real families with real needs like the rest of us. Another way you can be a good neighbor is to shop local and support small business as much as you can.

Visit ttlm.org/beaneighbor for more resources on being a good neighbor.

